



sermon on the mount

June 26th & 27th 2010

Dealing with ANGER!

1. Anger _____ be _____

Matt. 5:21-22

2. Make _____ with anger a

Matt. 5:23-26; James 1:19-21; Eph. 4:26

3. Your _____ with _____
suffers when you _____

Matt. 5:23-26; Matt/ 6:4; Psalm 4:4

Grow at Home

Find a quiet place, away from distractions. Spend some time praying for God to help you understand what you are going to study.

1. List a few things that make you upset and describe why these things make you mad.

2. Read James 1:19-21 What do these verses say about how to deal with anger?

3. How can we learn to be “slow to become angry”? How can you avoid becoming angry about the things you listed above?

Spend some time in prayer thanking God for His love in spite of our mistakes. Make sure you share with someone what you learned today.

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